

# Summer Activities

## Nottingham Rainbow Project

ADAM BAKER, PROJECT COORDINATOR; FREYA DARGAVEL, SUPPORT WORKER

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**Wednesday 19th July** - Sports at Forest Recreation (Volleyball, frisbee) - **12pm**. Meet at the recreation ground carpark. **NG7 6LB**. . Adam 07462092732

**Thursday 20th July - Women's Group** - Walk and Picnic at The Arboretum. Meeting at the The Vine Community Centre **NG7 5GZ** at **10.30am**. Freya 07458982110

**Tuesday 25th July** - Stonebridge City Farm, St Ann's. Meeting at the site **11am**. Stonebridge Road, St. Anns, Nottingham. NG3 2FR or at the Vine Community Centre **NG7 5GZ** at **10.30am** . Freya 07458982110

**Wednesday 2nd August** - Super Kitchen - **6pm**, The Vine Community Centre NG7 5GZ. Adam 07462092732

**Tuesday 8th August** - Film Event - Ask for details. Meet at the vine community centre **NG7 5GZ** **1pm to 3pm**. Limited spaces. Adam 07462092732

**Thursday 10th August** - Wollaton Hall Trip for **Womens Group** , Picnic / bring and share. Leaving vine 10.30am. Freya 07458982110

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## **English Cafe**

Every week on **Thursday's 2pm to 3.30pm** from **27th July** until September

Tea and Toast. Conversational English.

**Where:** St Stephens Church. The Vine Community Centre. Bobbers Mill Rd. **NG7 5GZ**

Freya 07458982110

## **Football Coaching and Kick About**

Every **Tuesday 3-4pm**, Forest recreation Ground. **NG7 6LB**. At the pitches. Starting **25th July** for 10 sessions.

Training with pat Samba. Free football for asylum seekers and refugees. Adam  
07462092732